

## Zentangle Art for Kids Directions

Step 1. Start with the paper horizontal and use a Sharpie to draw three different sized hearts. Make sure the hearts are large enough to divide up and draw patterns within. I had the kiddos draw their hearts with pencil first in case we had to change the size.

Step 2. Next, add intersecting lines within each heart. Larger hearts can have more lines. The idea is to have different spaces that will each be filled with a design. Lines should be a mix of curved and straight. My hearts had 8-12 spaces when I was done adding lines.

Step 3. Using my Zentangle patterns guide download, or any patterns of your own, add a different pattern to each separate area within each heart. There's no right or wrong way to do this. I even had the children use words as part of their patterns. Have fun with creating the patterns. Anything is possible.

Step 4. Finally, add a watercolor background. I liked the idea of having rainbow lines that were not perfectly straight. You could also just do a basic gradient background too. The children had fun trying all different kinds of watercolor backgrounds.

